

DECEMBER 2018

# SUMMIT HOUSE

Summit House Assisted Living, 600 1<sup>st</sup> ST NW, Britt, Iowa 50423 Phone # 641-843-3333



## Celebrating December

### Safe Toys and Gifts Month

### Write a Friend Month

### Upcoming Events

#### Parade of Trees

*December 6-8-Library*

#### Plus One Ladies

*December 13-2:30*

#### Music Therapy/Talia

*December 14-3:15*

#### The Nords

*December 24-2:30*

#### Home and Hearth

*December 25-11:30*

#### New Year's Eve Party

*December 31-2:30*

## Home for the Holidays

The sweet and spicy smell of gingerbread is a clear indicator that the holiday season is in full swing. By the time Gingerbread House Day arrives on December 12, you may have already indulged in eating this seasonal treat.



Gingerbread, made with ginger root, is believed to have originated in East Asia, where ginger was originally cultivated. It is believed that ginger and gingerbread were introduced to

Europe after the Crusades of the 11th century. Gingerbread was adopted most heartily in Germany, where monks perfected their heart-shaped *lebkuchen* cookies. These cookies were first made as unleavened honey cakes, made in the same fashion as communion wafers. With the introduction of ginger, German bakers transformed *lebkuchen* into their beloved gingerbread. In 1487, Emperor Friedrich III presented the 4,000 children of the city of Nuremberg with gingerbread cookies shaped to his likeness.

The shape of gingerbread was not limited to hearts, faces, and people; miniature houses made of the cookie were also common. This is why a gingerbread house figured so prominently in the tale *Hansel and Gretel*, first published by German folklorists and brothers Jacob and Wilhelm Grimm in the 19th century. What better way for a witch to lure two children into her home than to build a home out of Germany's favorite cookie? Through this tale, the Brothers Grimm spread the popularity of making gingerbread houses beyond Germany. Perhaps it stems from the development of gingerbread by German monks. Or the use of gingerbread in religious ceremonies. Whatever the reason, warm, spicy gingerbread has become synonymous with the Christmas season.

## EMPLOYEE OF THE MONTH!

### TERESE TERHARK



Congratulations Terese on being chosen by your co-workers as December Employee of the Month! She is such a blessing to Summit House! Terese works in the dietary and housekeeping department. Terese always has a smile for her co-workers and the residents. She is reliable and always willing to help. She is a great co-worker! Terese is also a photographer. Outside of Summit House she enjoys spending time on her photography and spending time with her family.

## CAREGIVERS SUPPORT GROUP

You are invited to attend the monthly Caregivers Support Group. This is a free service offered to anyone who would like to talk about the challenges you are facing, share your feeling with a trained professional and learn about resources available to you.

- 2<sup>nd</sup> Wednesday of every month
- Held at the Summit House Activity Room.
- 4:00-5:00pm
- Contact Jamey Cassels, Westview Care Center Social Worker, with any questions. 641-843-3835

## Noteworthy Notaries

You may not appreciate them until you need something notarized, but notaries can stand up and be recognized for their contributions to society on November 7<sup>th</sup>, Notary Public Day. They act as a official witness during the signing of official documents as a mean of thwarting fraud. Their duty is to screen signers by verifying their true identity. They also make sure people aren't being forced to sign documents against their will. Thank You Becky for your service to the community.



Dorothy Denny was also a Notary Public for the community.

## Coloring with Lana



Lana Trunkhill came to the Summit House to do some adult coloring with our residents. There might be an artist in the bunch.

## SUMMIT HOUSE VETERANS



A big Thank You to all of our Veterans here at the Summit House. They are a great group of guys who served our country well. Standing in the back row-Dwight Anderson (National Guard)  
Middle Row-David Bernhard(Army), Connie Burgardt (Marines), Ordell Dickmeyer (Navy),  
Front Row-Eppo Gremmer (Army), Willis Wood (Army).

Summit House will be participating in the Parade of Trees this year at the Library. Our theme is the Twelve Days of Christmas. Take time to view all the wonderful Christmas Trees and cast your vote for your favorite tree.



## “RUTHLESS RUTH”

Thank You Ruth Lapointe for coming to the Summit House and entertaining our tenants with your raspy voice and guitar playing. It was truly a great time for all.



Hospice Presentation



Thank you, Rachel Johnson for coming to Summit House and educating us on the Hospice process. Her information was very informative and opened our eyes on what Hospice can do for you and your family when the need arises.

## ANNUAL HOME AND HEARTH

We will be hosting our annual Home and Hearth Dinner here at the Summit House. This will be held on Christmas Day starting at 11:30am. We will be serving all the traditional foods, there will be music and of course a visit from Santa Claus. Seating is limited so please RSVP to Barb Trulson or you can contact us at 843-3333.

Merry Christmas to all of you, from all of us here at Summit House!

## VIKINGS AND PACKERS GAME



Tenants watching a nail biting game of football. The Vikings were playing the Packers. Vikings win 24-17. Go Vikings! Next game Sunday at noon against the Patriots.

## December Birthdays

In astrology, the Archers of Sagittarius are those born between December 1–21. These open-minded travelers are in constant motion, searching the globe for meaning. Curious, optimistic, and enthusiastic, they are not afraid of change and treasure freedom. Those born from December 22–31 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience.

### Tenants Birthdays

Harriet Kurtzleben December 22<sup>nd</sup>

Harley Limberg December 22<sup>nd</sup>

### Staff Birthdays

MyKella Hudspeth December 12<sup>th</sup>

Chelby Harms December 18<sup>th</sup>

Daniel Hansen December 19<sup>th</sup>

Trevor Curry December 24<sup>th</sup>

Vickie Nielsen December 27<sup>th</sup>

Dwight Anderson December 29<sup>th</sup>

## *Thank you!*

Pastor Jon-Church Service

Pastor Paul-Bible Study

Pastor Kay-Church Service

Dwight-Bible Study

Ray-Bible Study

Blanche-Nails

Lana-Adult Coloring

Dorothy-Readings

Nancy Smith Family-Flowers

Maxine Thompson family-Flowers

Nan Whalen-Morning Treats

Maralee Ruter-Morning Treats

Rachel Johnson-Hospice Presentation

RuBee and Jane-Activities