

March 2019

# SUMMIT HOUSE

Summit House Assisted Living, 600 1<sup>st</sup> ST NW, Britt, Iowa 50423 Phone # 641-843-3333



**Celebrating March**

**Color Therapy Month**

**Girl Scout Month**

**Music Therapist Month**

**Carl and Joanne Nord**

*March 5<sup>th</sup> 2:30pm*

**Bob and Friend**

*March 14<sup>th</sup> 2:30pm*

**Monthly Birthday Party**

**St. Patrick's Day Party**

*March 15 2:30pm*

**St. Patrick's Day**

*March 17<sup>th</sup>*

**Music Therapy with Talia**

*March 22<sup>nd</sup> 10:30am*

**Happy Hour**

*March 29<sup>th</sup> 2:30pm*

## VALENTINE'S DAY



These women were working hard decorating all the heart cookies for our Valentine's day party.



Our couple's dinner for Valentine's day was very enjoyable. They especially enjoyed the steak and shrimp. Lots of reminiscing too.



Valentines for the men of our community.  
YOU'RE THE BOMB!

## LET THE GAMES BEGIN



Summit House held a Skip-Bo tournament last month. We started with 8 contestants. Connie, Janet and Darlene are planning their strategies.



Bev seems to be taking the game with a little more humor than Grace K. and Lois H. We had worked our way down to the two finalists which were Janet Moldenhauer and Lois Hanna and the winner is...



Janet Moldenhauer

Janet and Lois sat down and played three rounds of Skip-Bo to determine the winner. They both agreed that no matter the outcome they would remain friends.

## Dr. James Coyle

Dr. James Coyle was here from Cedar Rapids to present a seminar on Compassion Fatigue Awareness. The training gave us insight on how to recognize compassion fatigue and the things you can do to minimize the physical, emotional, spiritual and psychological effects of exposure.



## PAPER BOXES



We have many talented crafty residents who live here and one of them shared this idea. These boxes and crosses are made of card stock paper with a Valentine design on it. After they were made we filled them with heart candies and chocolate and took them down to the Care Center here in Britt. They were handed out to some residents there who used to live here. They really brought a smile to their faces.

## Memory Book



The residents are looking over the photos of residents who used to live here or who have passed away and are sharing memories of them.



After all the memories were written down, they were placed with a photo of that person and put in a memory photo album for all to look at and enjoy.

## FFA WEEK- FARMERS DAY



PROUD TO BE A FARMER

## SOUP SUPPER



Our annual soup supper was a great time had by all. It was a perfect day to come and enjoy a delicious hot bowl of soup. Thank you to all who came from the community and the conversation you provided. Thank you to all the staff who helped make this possible. Try to keep warm, only twenty days until spring.

## The Royal Neighbors



The Royal Neighbors of Corwith paid us a visit with some delicious homemade Valentines Day cookies and a lot of chit chat. They are a great bunch of ladies.

## EMPLOYEE OF THE MONTH

### BOBBI BLACK



Congratulations to Bobbi black, our March Employee of the Month! Bobbi is a registered nurse on the Summit House team. She is so helpful and knowledgeable. She is always cheerful! We learn so much from Bobbi with her medical experience. She is a great co-worker! She takes great care of our residents and is always ready to lend a hand in any department. Outside of her time at Summit House, Bobbi enjoys boating and time in the water. She also enjoys shopping when time allows and she loves to spend time with her grandchildren. We are blessed to have Bobbi on our team!

## CAREGIVERS MEETING

You are invited to attend the monthly Caregivers Support Group. This is a free service offered to anyone who would like to talk about the challenges you are facing, share your feelings with a trained professional and learn about resources available to you.

- **2nd Wednesday every month**
- **Held at the Summit House**
- **4:00-5:00pm**
- **Contact Jamey Cassels, Westview Care Center. 641-843-3835**

## March Birthdays

In astrology, those born March 1–20 are the slippery Fish of Pisces. Selfless Pisces are very wise and empathetic, making them always willing to help others. These deep emotions also make Pisces talented artists and good friends. Those born March 21–31 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals.

Happy Birthday!

Residents

Grace Kluver 3/3

Berta Rietema 3/4

Esther Dickmeyer 3/17

Nels Jensen 3/24

Shirley Steenhard 3/28

Mary Zanatta 3/28

Staff

Kristi Goins 3/13 Liz Rainey 3/19

Ray Christensen 3/24 Marcia Olson 3/28

## Thank You

*Pastor Paul-Bible Study*

*Pastor Kay-Bible Study*

*Pastor Dodge-Church Service*

*Pastor Jon-Church Service*

*Dwight Anderson-Bible Study*

*Ray Christensen-Bible Study*

*Loella Perkins Family-Flowers*

*Dr. James Coyle-Fatigue Seminar*

*Royal Neighbors-Valentine Cookies*

*Ed Hillenga-Valentine Doughnuts & Balloon*

*Adala Bailey-Morning Treats*

*Nan Wallen-Morning Treats*

*Vicky Hillenga-Morning Treats*

*Maralee Ruter-Morning Treats*

*RuBee Schroeder-Helping with Activities*

*Jane Wood-Helping with Activities*

*Blanche Chizek-Nails*

*Dan Hansen-Farm Implement Hats*