

April 2019

SUMMIT HOUSE

SUMMIT HOUSE ASSISTED LIVING, 600 1ST ST. NW, BRITT, IOWA 50423



UPCOMING EVENTS

PLUS ONE LADIES

April 4th 2:30pm

BOB & FRIEND

Monthly Birthday Party

April 10th 2:30pm

VOLUNTEER APPRECIATION ROLLS

April 12th 9:00am

BRITT QUILTERS

April 17th 1:30pm

HAPPY EASTER

April 21st

PIE & CAKE CONTEST

April 24th

Judging starts at 2:30pm

NATIONAL COLOR THERAPY MONTH

Color therapy is a powerful, complementary therapy that has been used since ancient times. The motto is: Change your colors...and you change your world!



Making these rainbow cupcakes put a smile on our faces. YUMMY!



Colored bath bombs are a wonderful thing.



Blowing bubbles requires good pucker power.
Oh, to be young again.

St. Patrick's Day Party



For St. Patrick's Day we had a Bingo party. Anyone who won got to wear a green hat and pick out a green colored prize. These three were some of the lucky ones that day.

Girl Scout History Month

Juliette Gordon Low started an organization that would prepare girls to meet their world with courage, confidence and character. In 1912, in the midst of the Progressive Era- when women couldn't yet vote-this nearly deaf 51- year old sparked the group today known as the Girl Scouts of America. Since starting over a century ago this group has grown to 2.6 million Girl Scouts in 92 countries and more than 50 million alum. To celebrate we served Girl Scout Thin Mint Delight.



Employee Appreciation Month



Maxine and Grace helped us out by putting the appreciation bags together. The residents handed the bags out to anyone they felt deserved them. Great job ladies.

SCAVENGER HUNT



Lois Hanna was the winner of the St. Patrick's Day Scavenger Hunt. I hid some hats, gold and green coins and shamrocks in the hallways. Thank you to all who participated and better Luck next year.

EMPLOYEE OF THE MONTH

JANE PETERSON



April Employee of the month is Jane Peterson. Congratulations Jane!

Jane works in our nursing department part time and has a fulltime job. Her co-workers have so many great things to share about Jane. She is dependable, friendly, helpful, volunteers her time at Summit House functions and always has a smile to share with everyone! We are blessed to have Jane on the Summit House Team! Outside of work, Jane enjoys golfing, going for walks, shopping, traveling and spending time with her children and grandchildren.

CAREGIVERS MEETING

You are invited to attend the monthly Caregivers Support Group. This is a free service offered to anyone who would like to talk about the challenges you are facing and learn about resources available to you.

- 2nd Wednesday every month
- Held at the Summit House
- 4:00-5:00pm
- Contact Jamey Cassels, Westview Care Center. 641-843-3835

Get Things Rolling

On Monday, April 22, Americans will enjoy an annual Easter tradition by rolling Easter eggs on the South Lawn of the White House. The Easter egg roll is one of the White House's oldest annual events. While informal egg-rolling parties may have been held at the White House as far back as Abraham Lincoln's administration, it was Dolley Madison who first suggested a public egg roll, not at the White House but at the U.S Capitol in 1872. Landscaping concerns led Congress to ban the practice in 1878, but legend has it that angry citizens stormed the White House gates and demanded that children be allowed to roll their eggs. President Rutherford B. Hayes had little choice but to open the South Lawn of the White House, and the event has taken place there ever since. The celebration has evolved over the years. Egg croquet was once popular, and John Phillip Sousa once played for the crowd. In 1933, Eleanor Roosevelt greeted rollers over a national radio broadcast, and in 1974, the egg-rolling race was initiated, with contestants using spoons from the White House kitchen. While the event has been canceled due to inclement weather or even in times of war, Americans may rest assured that come Easter Monday, eggs will roll at the White House.

FLIP-IT CARDS

Kay, Grace and Joni are trying out a new card game one of the resident's family member suggested. It's called Flip-It and just let me say, you do a lot of flipping.



MUSIC THERAPY MONTH



Summit House wanted to show our appreciation to Taila, our Music Therapy lady. She comes once a month and brings us music, jokes, and stories of the old days. She also throws in some type of exercise along the way. We presented her with a music box made of paper and a picture of a keyboard that says, when words fail, music speaks. Thank you Taila for all you do for us.

Nels Jensen turns 95!!



Nels turned the big 95 on March 24th. His family had a birthday party for him at Summit House so all his friends, family and the residents could come and wish him Happy Birthday. The added bonus, Root Beer Floats!

April Birthdays

In astrology, those born April 1–19 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded!

**HAPPY BIRTHDAY!!
RESIDENTS**

**Joni Short 4/7
Marie Hall 4/23
Anne Larson 4/28**

STAFF

**Dorothy Schaefer 4/2
Sandy Baade 4/14
Erin Kammrad 4/15**

THANK YOU!

**Pastor Paul-Bible Study
Pastor Kay- Church Service
Pastor Jon-Church Service
Dwight Anderson-Bible Study
Vicky Hillenga-Morning Treats
Blanche Chizek-Nails
Jane Wood-Activities
RuBee Schroeder-Activities
Nan Whallen-Morning Treats
Adala Bailey-Morning Treats
Maralee Ruter-Morning Treats
Jim Hampe Family-Flowers
Mary Rose Sweers Family-Flowers**