

July 2026

SUMMIT HOUSE

Summit House Assisted Living, 600 1st ST. NW, Britt, Iowa 50423



Celebrating July

Cell Phone Courtesy
Month

Parks and Recreation
Month

Family Golf Month

Catholic Mass
July 1 10am

Independence Day
July 4

Sam the Illusionist
July 5 2pm

Jeff Buege/Singer
July 8 2pm

Homespun/Dirksen Band
July 19 6:30pm

Pastor John & Nancy
July 22 3pm



Honoring our Fathers



We had a great time celebrating with our fathers on their special day. Breakfast is always a favorite meal for everyone.

Annual Community Picnic



Italian Day



We spent the afternoon learning about all things Italian, including history, traditions, food and of course wine.

Picnic Fun



Nightingale News

SOAKING UP SUMMER SAFELY

As we enjoy the warm summer weather, July serves as a reminder to protect ourselves from the sun's UV rays. White sunshine can boost our mood and help our bodies produce vitamin D, too much UV exposure can damage the skin and increase the risk of skin cancer. Older adults may be especially susceptible to sun damage due to changes in the skin that occur with aging.

If you plan to spend time outdoors, take a few simple precautions. Wear a wide-brimmed hat, sunglasses that block UV rays, and lightweight clothing that covers your arms and legs when possible. Apply broad-spectrum sunscreen with an SPF of at least 30, even on cloudy days, and remember to reapply if you are outdoors for extended periods.

Enjoying the outdoors is an important part of staying active and maintaining overall well-being. By taking a few extra steps to protect your skin and eyes, you can safely enjoy all that summer has to offer. Stay sun-safe, stay hydrated, and have a wonderful July!

Shanda Mallory-RN



Rosie the Riveter



Anna Mae Orvick is a true Rosie the Riveter. She traveled to California with her mother and sister Margaret to work in the factories, putting together planes during World War II. They were there a year before returning to Iowa. What a great adventure at such a young age.

Flag Day



We spent the afternoon learning all things patriotic.

Tenant of the Month



Introducing Vivian Stromer Bovenmyer of Garner. Vivian was born in 1935 on a farm near Garner. Her parents were Aaron and Ruby (Goll) Stromer. She grew up with two brothers and one sister. Vivian attended country school Liberty #5 until the eighth grade, then went to the Garner High School where she graduated in 1952. She later went on to college in Marshalltown to become a nurse. After her graduation she worked in Labor and Delivery at the hospital at night. She also attended classes in Iowa City to learn more about this area of medicine. Vivian met her husband Dwight on a blind date. They were married in 1956 and lived in Garwin Iowa for one year then moved to an acreage by Garner. They adopted two children, a son and a daughter. They traveled to many places with her husband's seed corn business. Vivian has been at the Summit House for four months and enjoys all our activities. Congratulations on being Tenant of the Month!

July Birthdays

In astrology, those born between July 1–22 are Crabs of Cancer. Kind and protective, Crabs love to nurture others. While they may be emotional, they are never soft. Cancers are tenacious in their pursuit of domestic harmony. Those born between July 23–31 are Leo's Lions. Mixing strength, ambition, creativity, and a flair for the dramatic, it is no wonder that the king of the jungle is a Leo's mascot.

HAPPY BIRTHDAY

Residents

RuBee Schroeder July 3
Sheryl Johnson July 27

STAFF

Ashley Fails July 8
Paige Davis July 22

Employee Spotlight



McKenna Quisling is our Employee Spotlight for the month of July. McKenna lives in Kanawha with her parents, her twin sister Reese and their cat Ducky. She attends West Hancock High School and is involved in choir and band. In her spare time, she enjoys reading and fishing. McKenna has worked here for 6 months. We appreciate all you do for us!